

**Summer is on its way, and here is what you need to know now, so that you can properly protect your skin.**

- The American Academy of Dermatology recommends using an SPF 30. An SPF 50 or higher blocks a little more UVB rays (99 versus 97 percent).
- Never apply less than a teaspoon of sunscreen to your face and a shot glass full to your body.  
Good rule: Always apply at least 30 minutes before going out in the sun.
- An SPF 15 moisturizer and an SPF 30 sunscreen **do not** add up to an SPF 45.
- Tanning beds are awful for your skin...one burn in a tanning bed equals 10 to 12 sunburns.
- Be sure to re-apply sunscreen every couple of hours if you plan on being outside for a long period of time. One application just isn't enough!

**May is Skin Cancer Awareness Month.  
Save 10% off any sunscreen during the month of May.**

## At Skinetics...

Keeping you informed of the latest, greatest and most up to date treatments is our main priority. We are offering great promotions on treatments and products through our email-promotional program. There are more ways to save, so be sure we have your email address.

Specials are for return patients only and sale dates may not be altered. There is a 2-item limit per product and applies to current stock only. No out of stock products can be honored or credited.

**Our online shopping cart is ready! Visit our website [www.skineticsinc.com](http://www.skineticsinc.com) or go to [www.shopskinetics.com](http://www.shopskinetics.com) today to have products delivered to your home!**

We are now offering appointment confirmations either by phone or email. Please send your preference to: [skineticsinc@sbcglobal.net](mailto:skineticsinc@sbcglobal.net).

### Important Information...

While we realize that emergencies, illnesses or life in general may interfere with your scheduled appointment, it is imperative that you inform us twenty-four hours (24) in advance of any changes to your scheduled appointment. This courtesy enables us to compensate our staff for their time, maintain good quality staff, and maintain a higher availability of our time for you, and others.

As an added reminder, we also honor our own policy. We value your business and your time, so please remember your appointment is reserved exclusively for you. We appreciate your understanding and acknowledgement of our policy.

## SPECIALS

Save **10%** on any of these products.

### May

- Anthelios SPF 60
- Cotz SPF 58
- The Shield SPF 30
- The Protector SPF 30

### July

- C-Complex Cream
- Conditioning Solution
- Rejuvenation Serum
- Purifying Cleanser

### June

- Bright Eyes
- Green Tea Soothing Pads
- LactiCream Cleanser
- PerfectaStick
- The Brightening Cream

### August

- Exfoliator Pads
- Moisture Balm
- PerfectaClear
- Retinol Complex Gel
- Thermal Spring Water