

SKINETICS®



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SCIENCE. BEAUTY. NATURE.

AT SKINETICS

We believe that beautiful, healthy skin is possible no matter what age. Our main focus is to provide safe, effective skin care treatments, while promoting life-long healthy skin. Each individualized consultation includes a comprehensive skin analysis utilizing the Visia Skin Analysis Imaging System, identifying your skin's unique challenges, while addressing your specific needs and concerns. Our qualified Aestheticians will design a skin treatment program customized to your needs.



Kara McCarthy
Clinical Aesthetician

CANCELLATIONS

It is our main goal to provide the best care possible in the most time effective environment. With this same dedication devoted to all of our patients, it is imperative that you inform us twenty-four hours (24) in advance of any changes to your scheduled appointment. All services cancelled or rescheduled with less than twenty-four hours (24) notice will result in a 50% charge of scheduled services. We value your time and honor our own policy, so please remember that your appointment is reserved exclusively for you.

GIFT CERTIFICATES

The perfect gift for any occasion. Available for all services and denominations. Please ask for details.

MEDICAL SKIN CARE PRODUCTS

Skinetics is proud to offer the most innovative, effective medical-grade skin care products that are available only through our physician supervised office.

MEDICAL SKIN CARE TREATMENTS

To address the unique needs and challenges of your skin, all treatments are selected by our Aestheticians to achieve desired results. Consultations are required with our Aestheticians to maximize your treatment results.

REJUVENATE. REPAIR. REVITALIZE.

Skinetics is proud to offer the best in medical skin care products; privately developed and researched specifically for the unique needs of our office and patients.

SCIENCE. BEAUTY. NATURE.

We provide the latest aesthetic advancements while bringing to you the ultimate in anti-aging and skin rejuvenation treatments. Our specialized treatments are individualized based on the unique needs of your skin, while prescribing supervised cosmeceutical grade products for home use.

DERMASWEEP™

Exfoliation, circulation, rejuvenation! The Derasweep™ is an innovative particle-free skin revitalization system that uses bristles and vacuum for a more effective exfoliation, as well as circulation. After the dead skin is removed from the exfoliation process, the skin is then infused with a specific solution like Vitamin C or Salicylic Acid for total skin rejuvenation. Each treatment is customized depending on skin type and desired level of exfoliation. The Derasweep™ treats early signs of aging, fine lines, hyperpigmentation, photo-damage, acne, acne scars, surgical scars and dehydrated skin.

\$175

LIGHT COMPLEXION PEEL

Addresses environmentally damaged skin types utilizing hydrogen peroxide, glycolic, lactic and salicylic acids. This unique treatment is customized to meet the needs of all skin types.

\$135 & up

OXYGENATING PEEL

Using 95% pure medical-grade oxygen with hyperbaric pressure that stimulates healthy cell renewal. This treatment targets every skin condition from acne, rosacea and sun damage with anti-aging benefits. The perfect partner for many other therapies which enhances the benefits of other procedures such as chemical peels.

\$80 - 15 min
\$160 - 30 min

OXYGEN RESURFACING PEEL

Addresses skin types requiring extra attention: ashy/flat, dry on the surface, oily underneath. Ideal for acne; softens fine lines and provides a smoother skin texture.

\$135 & up

SKIN CORRECTIVE PEEL

Customized treatment utilizing various acids and enzymes to address specific skin conditions.

\$135 & up

MICROPEEL®

The MicroPeel® is a safe and effective procedure that can be customized to meet the needs of all skin types. This unique 3-step process removes the dead cellular layers with either Dermaplaning or an Enzymatic exfoliation. Next, an AHA solution is applied to the skin to help free pores of impacted debris. Finally, Cryogenic Therapy is performed to help relieve inflammation and cool the skin.

\$135

CRYOGENIC THERAPY (CO2)

As used in the MicroPeel® procedure, Cryogenic Therapy is known for it's exfoliating and anti-inflammatory reducing benefits. *Can be added on to any treatment.

*\$35

DERMAPLANING

As used in the MicroPeel® procedure, Dermaplaning can be added on to any existing treatment for a deeper level of exfoliation. *Can be added on to any treatment.

\$65

*\$40

MICROPEEL PLUS®

The MicroPeel Plus® is an in-office procedure that will help smooth fine lines and even skin discoloration while reducing the appearance of acne scars and environmental damage to the skin. Available in two concentrations of salicylic acid, the MicroPeel Plus® can be tailored to fit different skin types and goals.

\$150

SKIN RESURFACING PEEL

Mid-depth chemical peel utilizing medical grade Trichloroacetic acid (TCA) which addresses more severe skin conditions, such as acne scars, deep wrinkles, enlarged pores and hyperpigmentation. After one week, a follow-up treatment of the Oxygenating Peel and Dermaplaning is performed to enhance and rejuvenate the skin.

\$450

THE PERFECT DERMA PEEL

The Perfect Derma Peel is the only peel that premieres Glutathione as a founding component and is the only true anti-aging ingredient offered exclusively in our formula. The Perfect Derma Peel works from the inside to repair and nourish the skin by giving it a radiant glow, refining pores, improving hyperpigmentation, lifting melasma, diminishing fine lines and wrinkles, eliminating acne and preventing acne marks. Most importantly, the Glutathione element defies the aging process. *Booster can be added into treatment.

\$295

VITAMIN A BOOSTER

This additive is included to any peel to increase collagen and elastin benefits. Vitamin A speeds up the metabolism of the skin, leaving a radiant glow.

*\$50

BODY PEELS ARE AVAILABLE AND ARE INDIVIDUALLY PRICED. ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

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MENU OF SERVICES



Dr. Cary D. Nelson
Medical Director

Dr. Cary D. Nelson is a board-certified family practitioner, aesthetic and medical concierge and nutraceutical advisor. He earned his undergraduate degree in Psychology at the University of California, Los Angeles, in 1993.

After a postgraduate spent working with Developmentally Disabled adults and as an EMT, he began his medical school journey at the Universidad Autonoma de Guadaluajara, graduating in 2000, and then completing a requisite Fifth Pathway Program at New York Medical College in Valhalla, New York in 2001. Dr. Nelson began his internship in the heart of Brooklyn, New York at Wycorff Heights Medical Center in affiliation with Cornell University. He eventually transferred to the PH Family Practice Residency Program, Presbyterian Intercommunity Hospital in Whittier in 2005 and finished as Co-Chief resident. It was during his second year, however, that he found his passion for what was then a "new" field of medicine called Aesthetic Medicine. Dr. Nelson is dedicated to providing safe and effective aesthetic procedures utilizing leading edge technology and has begun studying various anti-aging medicine applications.

When he's not working, Dr. Nelson enjoys spending time with his wife, his animals, working out and travelling.

BROW TINT \$20
BROW & LASH TINT \$45
BROW TWEETZE \$15-20
BROW WAX \$20

LASH TINT \$30
NOSE WAX \$20
UPPER/LOWER LIP WAX \$20

\$45

CONSULTATION

Our consultations provide an in-depth skin analysis using the Visia® Imaging System. At which point an in-office treatment plan and a specialized home care regimen are discussed to better understand each individual's skin care needs.

* Consultation fee waived with product purchases over \$100.

\$45

VIRTUAL CONSULTATION

Our virtual consultation provides an in-depth skin analysis from the comforts of your own home. A 30-minute face-to-face meeting will allow us to address your concerns, while our qualified Aestheticians design a skin care program customized to your skin's individual needs.

* Consultation fee waived with product purchases over \$100.

\$180

BACK FACIAL

This deep cleansing back facial includes a personal skin analysis, skin exfoliation with an acid application, extractions and back massage; while masking to minimize impurities and finishing with a moisturizing protectant.

\$185

DELUXE FACIAL

Extended version of the European Facial (includes a hand and foot massage).

\$120

EUROPEAN FACIAL

This relaxing, effective facial includes a personal skin analysis, deep cleansing, skin exfoliation with steam, extractions, facial and décolleté massage; while masking to minimize impurities and finishing with a moisturizing protectant.

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INJECTABLES

Botox® Cosmetic is an injected prescription medicine that is used to reduce facial lines and wrinkles, and to give clients a more refreshed appearance. Botox injections are a quick and minimally invasive procedure consisting of only a few injections. You can expect to see results about three to ten days after your treatment. Visible results have been shown to last up to four months.

Xeomin® Cosmetic treats frown lines that form when facial expressions are made as the muscle under the skin contracts. Over time, as your skin ages, these repeated expressions cause lasting frown lines. Neurotoxins, such as XEOMIN, are prescription medications that block the release of chemicals that cause these muscle contractions so frown lines are softened.

Juvederm® XC - (Ultra and Ultra Plus) is an injectable gel filler composed of Hyaluronic Acid; a naturally occurring substance in your skin that helps add volume and hydration. Juvederm is a non-surgical solution to soften facial lines and wrinkles, restore volume, add fullness to the skin, plump lips, add volume to the cheeks and minimize scars. Results are visible immediately, creating a more youthful and invigorating look, and last from 9-12 months.

Juvederm Vollbella™ XC is an FDA-approved injection used to increase lip fullness and soften the appearance of "smoker's lines" around the mouth. It may also be used to fill pitted acne scarring in the face. Unlike other fillers, Vollbella blends different molecular weights of hyaluronic acid, which allows it to create subtle volume that lasts for up to a year.

Juvederm Voluma™ XC injectable gel is the first and only FDA-approved filler to add instant volume to the cheek area. It gives a subtle lift, helping to restore and contour for a more youthful profile for up to two years. It's different than Juvederm XC and works on a different area of the face.

Reversap® Versa™ Hyaluronic Acid (HA), the primary active ingredient in most dermal fillers, is a naturally occurring substance that can be used cosmetically to correct wrinkles and restore volume to the face. The Reversap Versa™ HA is a unique, synergistic filler due to our advanced wet milling technology and proprietary formula. This means that our particles are uniquely spherical and uniform, providing the perfect balance between smoothness and volume.

Kybella® is the only FDA-approved injectable treatment that destroys fat cells under the chin to improve your profile. The active ingredient in Kybella is synthetic deoxycholic acid. Deoxycholic acid is a naturally occurring molecule in the body that aids in the breakdown and absorption of dietary fat. When injected into the fat beneath the chin, Kybella destroys fat cells, resulting in a noticeable reduction in fullness under the chin. Once destroyed, these cells can no longer store or accumulate fat, so further treatment is not expected once you reach your desired aesthetic goal.

Silhouette InstaLift FDA approved Silhouette InstaLift is a minimally-invasive, non-surgical lifting, tightening and contouring procedure for the skin that takes only 45 minutes to perform and reveals instant, long-lasting results that only improve over time.

The Silhouette InstaLift consists of sutures and bidirectional cones made of filler that repositions and elevates the skin. Over time the sutures will naturally be absorbed by your body while stimulating the production of collagen. The results are immediate and there is minimal recovery time after the procedure. Silhouette InstaLift is a simple procedure to re-contour your face, lifting the deeper layers of your skin for a more youthful appearance.

LASER TREATMENTS

Fractional CO2

The ultimate in skin tightening, wrinkle correction and overall rejuvenation. Not suitable for all skin types.

Fractional Erbium

Non-ablative resurfacing for mild to moderate wrinkles, pore correction and skin texture. Minimal downtime with outstanding results.

Skin Rejuvenation

Non-invasive, intense pulsed light (IPL) treatments to reverse signs of photo aging such as minimizing brown spots, freckles, broken capillaries and rosacea. This state-of-the-art technology actively firms the skin revealing a brighter, smoother, more youthful complexion.

Skin Tightening

Ideal for targeting those tell tale signs of aging including jaw and neck laxity, sagging under the eyes, droopy brow lines and nasolabial folds.

ThermiSmooth™ treatments are non-invasive skin smoothing treatments that delivers precise, gentle epidermal heating to tone the skin. ThermiSmooth is performed using a specially designed thermistor regulated hand piece, which is supplied with the ThermiRF™ system, treatments are repeated several times to achieve the desired cosmetic result.

ThermiTight™ is the name of a peer-reviewed protocol described as "thermistor-controlled subdermal skin tightening." The ThermiRF™ system is used along with a tiny SmartTip™ thermistor probe, which is inserted under the skin to heat subdermal tissues to a user selected specific temperature. Most injectable RF treatments are one-time procedures that can be completed in less than an hour.

Consultation is Required

\$12 / unit

\$11 / unit

\$600 / syringe

\$400 / syringe (0.5cc)

\$750 / syringe (1cc)

\$650 / syringe

\$500 / syringe

Consultation is Required

\$600 & up / treatment

\$450 / treatment

\$450 / treatment

Consultation is Required

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